## Thank you for your donation of 8 bikes, Zero Height!



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"Having bikes at my youth club has enabled me to learn how to ride and build my confidence to go out cycling with my friends" -Taija aged 13



"Being able to go cycling is a good activity for lots of young people who don't want to do sports. We cycle over the Olympic Park most weeks." - Tianna aged 13

## **Break a difference**

My name is Jamie and I manage a youth centre in Hackney Wick. The donated bikes have been stored and used at this youth centre.

We have used the bikes to run cycle trips for young people in and around the Hackney Wick area - on the Olympic Park, tow path and Victoria Park. Different groups have cycled - Senior SEN group, young women group and our mixed juniors group.

We frequently use the bikes on our sports court to play games that develop skills and run space for beginners to learn how to ride. Having the donated bikes has increased the opportunities to our young people to access the activities. Particularly in providing older teenagers the correct size bike to ride.

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